

Pat your head.



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Rub your tummy.



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Shrug your shoulders.



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Tap your knees.



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Wiggle your fingers.



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Tickle your nose.



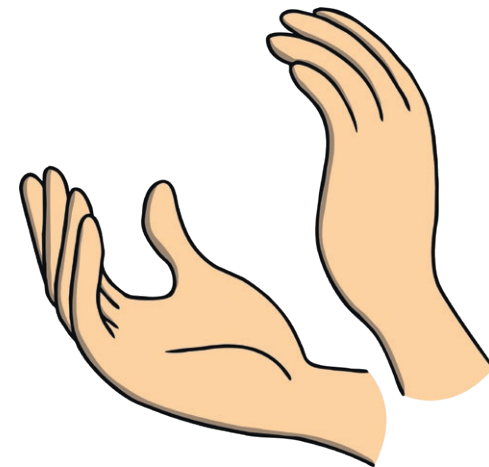
twinkl.com

Stamp your feet.



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Clap your hands.



twinkl.com

Tap your elbows.



twinkl.com

Stretch up tall.



twinkl.com

Touch your toes.



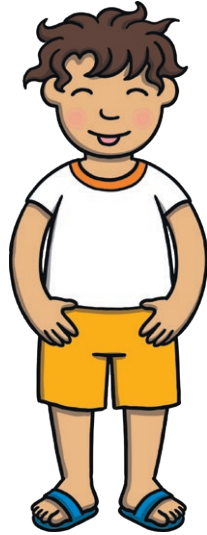
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Sit down on the floor.



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Stand up tall.



twinkl.com

Wave at your friends.



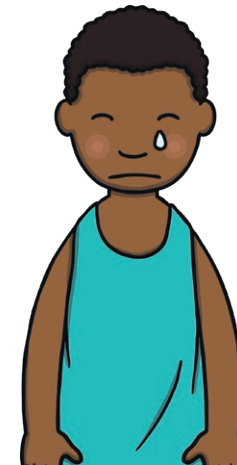
twinkl.com

Show me your biggest smile!



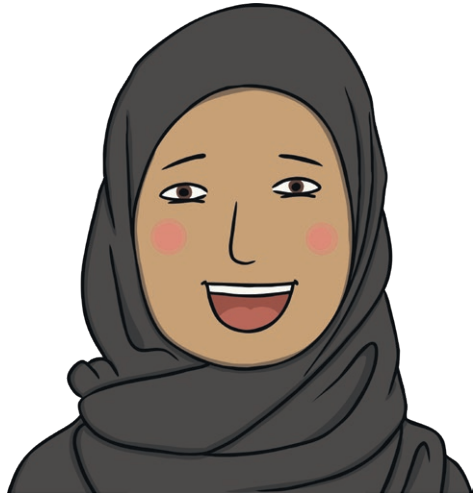
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Make a sad face.



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Make an excited face.



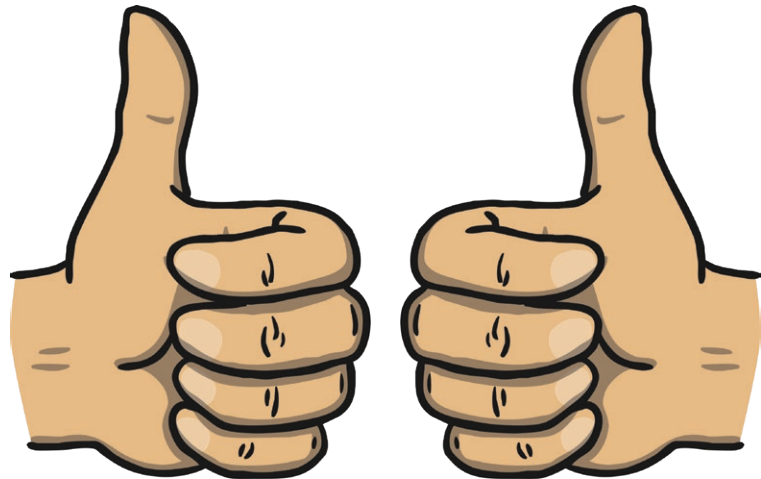
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Make a sleepy face.



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Show me 2 thumbs up!



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Move around like your favourite animal.



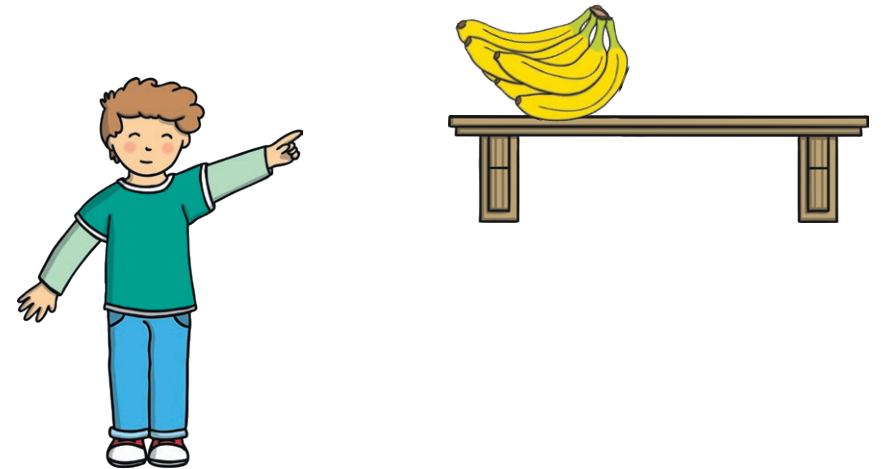
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Pretend you are eating your favourite food.



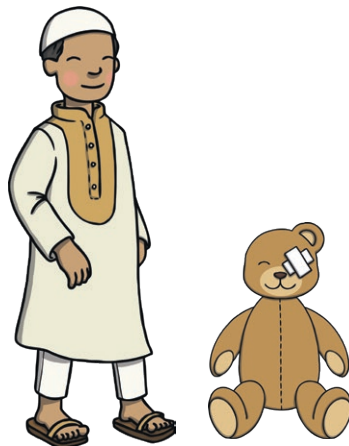
twinkl.com

Point to something that is your favourite colour.



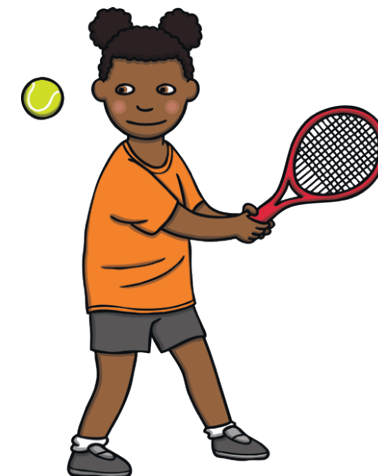
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Stand next to something you would like to play with today.



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Pretend you are playing your favourite sport.



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