

**Islington Spring-Summer 2026 Menu**

**WEEK ONE**

W/C

13<sup>th</sup> April  
4<sup>th</sup> May  
1<sup>st</sup> June  
22<sup>nd</sup> June  
13<sup>th</sup> July  
14<sup>th</sup> September  
5<sup>th</sup> October

**MONDAY**  
Planet Friendly Day

Quorn burger Patty Wedges & Tomato Sauce (VE)  
Mild Mexican Chili with Rice and Sweetcorn Bread (VE)  
Roasted Tomatoes (VE) & Butternut Squash (VE)  
Yoghurt (V) with Sunflower Seeds and Fresh Fruit (VE)

Option one  
Option two  
Vegetables  
Dessert

**TUESDAY**

Macaroni Cheese with Roasted Vegetable and Olive Bread (V)  
Chicken 50% Enchilada Bake with Paprika Wedges  
Green Beans (VE) & Carrots (VE)  
Orange Ditzle Cake (V)

**WEEK TWO**

W/C

20<sup>th</sup> April  
1<sup>st</sup> May  
8<sup>th</sup> June  
29<sup>th</sup> June  
31<sup>st</sup> August  
21<sup>st</sup> September  
12<sup>th</sup> October

Spaghetti & Planet Friendly Balls with Tomato and Herb Bread (VE)  
Summer Butterbean Vegetable Risotto (VE)  
Carrots (VE) & Spring Greens (VE)  
Yoghurt (V) with Granola and Fresh Fruit (VE)  
Wholemeal Vegetable Pasta Bake (VE)  
Chinese Vegetable Noodles (V)  
Carrots (VE)  
Peppers (VE)  
Yoghurt (V) with Sunflower Seeds and Fresh Fruit (VE)

Option one  
Option two  
Vegetables  
Dessert

**WEEK THREE**

W/C

27<sup>th</sup> April  
19<sup>th</sup> May  
15<sup>th</sup> June  
8<sup>th</sup> July  
7<sup>th</sup> September  
28<sup>th</sup> September  
19<sup>th</sup> October

Roast Vegetables (VE) & Peas (VE)  
Yoghurt (V) with Sunflower Seeds and Fresh Fruit (VE)  
Chickpea and Vegetable Biryani and Turmeric Bread (VE)  
Pei Peri Chicken with Roast Potatoes and Rainbow Slaw  
Sweetcorn (VE) & Peas (VE)  
Chocolate Orange Cookie (VE)  
Yoghurt (V) with Sunflower Seeds and Fresh Fruit (VE)

Option one  
Option two  
Vegetables  
Dessert

**MENU KEY**

Added Plant Protein  
Planet Friendly  
Option

Local Red Tractor Meat

Vegan (VE) (V) Vegetarian

Available Daily: Freshly cooked jacket potatoes with a choice of fillings (V, VE) (where advertised) - Bread freshly baked on site daily (VE) - Daily salad selection (V, VE) - Fresh Fruit (VE) and Yoghurt (V) is available daily - Milk (V)

**WEDNESDAY**

Roasted Quorn, Roast Potatoes & Gravy (VE)  
Roast Chicken, Stuffing, Roast Potatoes & Gravy  
Red Cabbage (VE) & Broccoli (VE)  
Yoghurt (V) with Sunflower Seeds and Fresh Fruit (VE)

**THURSDAY**

Chickpea Curry with Rice (VE)  
Hearty Beef and Lentil Bolognese with Spaghetti  
Carrots (VE) & Cauliflower (VE)  
Apple Flapjack (VE)

**FRIDAY**

NEW Cheesy Broccoli Frittata with Chips (V)  
Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce  
Peas (VE) & Sweetcorn (VE)  
Strawberry Jelly with Mandarins (VE)

Saucy Tomato Pasta (VE)  
Battered Fish with Chips & Tomato Sauce  
Green Beans (VE) & Cauliflower (VE)  
Carrot Cake (V)  
Cheese & Bean Pasty with Chips & Tomato Sauce (V)  
Fishfingers with Chips & Tomato Sauce  
Baked Beans (VE) & Peas (VE)  
Pineapple Upside Down Cake (V)

Lentil and Basil Whirl with Herby Rice, Tzatziki & Salad (V)  
Greek Chicken Pita with Herby Rice, Tzatziki & Salad  
Green Beans (VE) & Cauliflower (VE)  
Chocolate and Banana Oaty Square (VE)  
Cowboy Sausage and Bean Hot Pot (VE)  
Chef Shilpa's Chicken Korma with Rice  
Green Beans (VE) & Red Cabbage (VE)  
Strawberry and Apple Crumble (VE) with Custard (V)

Lentil Wellington, Roast Potatoes & Gravy (VE)  
Chicken Sausage, Roast Potatoes & Gravy  
Roast Vegetables (VE) & Peas (VE)  
Yoghurt (V) with Sunflower Seeds and Fresh Fruit (VE)  
Chickpea and Vegetable Biryani and Turmeric Bread (VE)  
Pei Peri Chicken with Roast Potatoes and Rainbow Slaw  
Sweetcorn (VE) & Peas (VE)  
Yoghurt (V) and Fresh Fruit (VE)

Roast Vegetables (VE) & Peas (VE)  
Yoghurt (V) with Sunflower Seeds and Fresh Fruit (VE)  
Chickpea and Vegetable Biryani and Turmeric Bread (VE)  
Pei Peri Chicken with Roast Potatoes and Rainbow Slaw  
Sweetcorn (VE) & Peas (VE)  
Yoghurt (V) and Fresh Fruit (VE)

Roast Vegetables (VE) & Peas (VE)  
Yoghurt (V) with Sunflower Seeds and Fresh Fruit (VE)  
Chickpea and Vegetable Biryani and Turmeric Bread (VE)  
Pei Peri Chicken with Roast Potatoes and Rainbow Slaw  
Sweetcorn (VE) & Peas (VE)  
Yoghurt (V) and Fresh Fruit (VE)

Roast Vegetables (VE) & Peas (VE)  
Yoghurt (V) with Sunflower Seeds and Fresh Fruit (VE)  
Chickpea and Vegetable Biryani and Turmeric Bread (VE)  
Pei Peri Chicken with Roast Potatoes and Rainbow Slaw  
Sweetcorn (VE) & Peas (VE)  
Yoghurt (V) and Fresh Fruit (VE)

**ALLERGY INFORMATION**  
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

